

## User Report

**”Lippisches Blindenwerk GmbH, Detmold”**

### **WELLSYSTEM HYDRO JET MEDICAL**

#### **Application in our institute for multiple disabled blind people in Detmold**

After a trial period with a mobile WELLSYSTEM\_ MEDICAL in our institute, we decided to purchase a system. It has been in use since March 1997.

Our decentralized institute – living quarters and workshop for disabled people for permanent stay– offers lifelong care and nursing as well as stimulation and guidance for 180 clients, after their compulsory school education.

The levels of handicap, next to the blindness, vary a lot within the whole spectrum of mental and physical disabilities (epilepsy, spasticity, Down-Syndrome, Huntington’s Chorea, Vogt-Spielmeyer-Stock-Syndrome, schizophrenia, autism etc.).

The people in our institute are in general constrained in their capabilities for communication due to deafness or mental limitations and the absence of an active vocabulary. As a consequence, the only way of expressing their existence responds directly to their individual perception of stimuli from their surroundings and to situations linked with the basic needs. The assignment of our specialised staff is to understand these responses –facial expressions, sounds, agitation, aggression, depression – and to find an effective way of communication. The staff also has to recognize and satisfy these needs at an early stage to prevent injurious distress calls.

The mental and physical health of our clients can be positively affected by verbal and physical care. If recognized in time, it can often be avoided that ill-feelings lead to aggression, auto-aggression or depression. The client is addressed to in a comforting tone in combination with touching (caressing, massaging). These results are often provided by the use of the WELLSYSTEM HYDRO JET MEDICAL therapy system in the described situations.

The acceptance of the therapy system by the disabled people usually happens very quickly. They express their well-being by a relaxed, to some extent even happy facial gesture and a calm, relaxed posture.

The simple handling and operation of the WELLSYSTEM HYDRO JET MEDICAL, the possibility for a quick and spontaneous decision to use the system without the necessity for special clothes, preparation or regeneration afterwards are other benefits, which allow all authorised members of the staff to start the therapy. Both spontaneous use depending on the need of the situation and use according to schedule, if the client likes that, are possible with the WELLSYSTEM HYDRO JET MEDICAL. Not having to depend on specialised staff enhances furthermore a fast amortisation.

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A wide range of applications is possible because of the variable adaptation of the warmth at the contact area, of the force of massage, of the area of massage of the body (depending on the individual needs or on the medical recommendations) and of the choice between punctual or linear massage.

In principle the WELLSYSTEM HYDRO JET MEDICAL is reserved for our clients, however, during the off-hours the staff can also use the system.

Particularly those, working in the nursing department, enjoy the WELLSYSTEM HYDRO JET MEDICAL very much due to its pleasant relaxing and muscle tension reducing effect. Thus, the WELLSYSTEM HYDRO JET MEDICAL contributes significantly to the health and well-being also of the employees. At the same time, this therapy system may be used as a reward for special achievements and performances of the employees; the occupancy would then have to be scheduled accordingly.

Bernd Kruse  
certified social pedagogue